

TMS AUSTRALIA RESPONSE AND PREVENTION TO COVID-19

At TMS Clinics Australia, the most important thing to know is that your care and safety is our top priority. While the COVID-19 situation continues to evolve, we are focused on continuing high-quality care in a safe and calm environment.

TMS Australia is responding to prevent the exposure of COVID-19 in our clinics for both our patients and staff.

Equipment Disinfection

1. Post each treatment, clinicians will use one hospital grade disinfecting wipe to clean the following:
 - a. Coil
 - b. Measuring tape
 - c. Plastic stencil to indicate correct coil position
 - d. Earmuffs (if used)
 - e. From headrest to leg support of the chair
 - f. Travel neck pillow
 - g. Marker used to mark on patients.
 - h. Clinic door handles
2. After each patient, clinicians will replace disposable pillowcase with new one, and dispose of the used pillowcase.
3. Clinicians will ensure head cushion are covered by a disposable pillow slip (cut in half).

Clinician: Hygiene

Clinicians will Practice good hygiene by taking the following actions:

- a. All staff will check their temperature before starting the shift. If the clinician has a temperature above 37.5 °C they will immediately contact their regional manager for further instructions
- b. Making sure to clean their hands thoroughly for at least 20 seconds with soap and water before and after each patient,
- c. Using hospital grade hand sanitizer between each patient.
- d. Covering their nose and mouth when coughing and sneezing with tissue or a flexed elbow.
- e. Avoiding close contact with anyone with cold or flu-like symptoms.

- f. Avoid touching their face.
- g. All staff will use gloves and masks during the process of measuring up the patient and placing the coil on the patient.
- h. If the staff is experiencing *fever, flu-like symptoms such as coughing, sore throat and fatigue, or shortness of breath*, they will be required to remain 48 hours symptom-free before returning to work.

Patients: COVID-19 prevention

Patients will be encouraged to practice good hygiene by:

- a. Rescheduling session if unwell to avoid contact with others, including patients and staff.
- b. Having their temperature checked prior to each session to make sure it is in range lower than 37.5 °C. If higher than 37.5 °C the patient will be referred to see a doctor and treatment will be withheld for the day.
- c. Using hospital grade hand sanitizer before entering the clinic (this will be provided by TMS Australia).
- d. Avoiding close contact with anyone with cold or flu-like symptoms.
- e. Avoid touching their faces.
- f. As part of screening, the following questions will be added as part of the ID Check process
 - Has the patient recently experienced fever, flu-like symptoms such as coughing, sore throat and fatigue, or shortness of breath? If yes, NOT to attend treatment and ask patient to see GP for review and assessment.
 - Has the patient travelled overseas in the last 14 days? If yes, NOT to attend and self-isolate for 14 days, if they have any respiratory symptoms to see the GP for review and assessment
 - Has the patient recently been in close contact with anyone who has been tested positive with COVID-19? If yes, NOT to attend session and refer to GP for appropriate management.

If you are one of our Staff or Patient and begin exhibiting the COVID-19 symptoms, please immediately contact your doctor, or call HealthDirect for advice on 1800 022 222.

Our Medical Advisory Committee is being conducted regularly to discuss our ongoing response and ensure we have the latest information from health authorities.

Dr Ted Cassidy
Chief Medical Officer

